



Aarti Chawla

Life Coach, Energy healer & Tarot card reader
MBA- HR& Mkt,
Diploma in personal counselling,
Hypnotherapy- Level-1-4,
FC Facilitator,
Basic DNA Theta Healer,
Finalist- swag icon of India- Curvy Category- 2021.

Meet the lady with a magical touch, as everyone says, Aarti Chawla, from Mumbai. She is an **MBA HR n MKT** and comes with an elaborate experience in MNCs and corporates for 17+ years at senior level...With her people management skills and **holistic healing** approach, She founded **Journey within by Aarti** in 2018. Academically she is a Post Graduate Diploma holder in **Personal Counselling** with skills like **Rational Emotive Behaviour Therapy, Transaction Analysis**, and other counselling models. She is a **Life coach, Energy Healer, Hypnotherapist, Past life and inner child therapist**, and a **Family Constellation Facilitator**. With her life coaching skills she coaches working women to be emotionally independent..and manifest the life of their dreams

She is a renowned **Tarot Card Reader** and has touched more than 1000+ lives in last 3 years coaching and guiding them, helping them heal their past and achieve desired goals.

Her mission is to help **100,000 people** lead a life of resilience where they thrive in life and live life to the fullest potential using the power of their subconscious mind. She coaches n helps them to manifest the life of their dreams with **emotional intelligence**, so that they empower themselves with all the necessary tools to manage their emotions. She believes **one should heal their past**, which no longer affects them and gather strength from their shortcomings so that they can thrive, professionally and personally, in finance and in relationships. They become a better mother, a better entrepreneur and most importantly a woman with self love and emotional intelligence to handle all situations of life.

She believes '**Our subconscious mind is very powerful, what we are today is the product of what we manifested a few years ago or in our childhood. So if u have relationship issues, any emotional imbalance like anger etc, finance issues or feel something missing in life with no happiness, you have manifested that situation unconsciously, And you change your beliefs and thought patterns and align them to what you want to become and can achieve our desired goals and become what you think!!** '

So if u want to succeed in professional life, want to earn enough money, want a great relationship etc you need to work towards that goal today to achieve it in couple of years from now. Needless to

say that means healing your childhood memories, patterns, beliefs coming from experience and from the parents by using power of your subconscious mind and energy healing.

Apart from the accolades in her corporate profession for many years where she won awards for being best manager and having best team productivity, she has also been recognised for her commendable work as an entrepreneur, touching many lives in a short span. She was awarded as Superpreneur 2020 and has got Nari Samman award 2021 for her contribution to the society in the field of counselling and holistic sciences. She is also the finalist of a reality talent show Swag icon of India season 2, 2021, and is now having a mark in the field of acting and modelling as a plus size model too. An all rounder in true sense!!

Contact her for an appointment on 9326137166 or write to her at info@aartichawla.in

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